

...Breakfast & Brunch

(extra coffee for £1 and tea for £0.5)

Marina Full English £ 8

Eggs, Bacon, Cumberland Sausage, Mushrooms, Hash Browns, Baked Beans, toast

Full Vegetarian V £ 8

Eggs, hash brown, vegetarian sausage, Mushrooms, baked beans, toast, grilled tomato, toast

Mediterranean V £8.5

Grilled vegetables, spinach on bloomer topped with poached eggs and grilled halloumi

Scrambled Eggs on Toast V £ 5

See toppings below

Poached eggs on toast V £ 5

See the toppings below

Egg Benedict £8.5

Poached eggs and ham on bloomer bread, with Hollandaise

Egg Royal £8.5

Poached eggs and smoked salmon, bloomer bread, Hollandaise

Egg Florentine V £8

Poached eggs and spinach on bloomer bread, topped with Hollandaise sauce

American Stack £8.5

Pancakes, bacon, sausages, egg, maple syrup

...Omelettes

(Served with Salad and Chips)

Plain V £ 6

Ham and cheese £ 7.5

Goat cheese and spinach V £ 8

Mushrooms and cheese V £ 7.5

Pancakes and maple syrup V £5.5

Add blueberry or banana for £ 1.5

Breakfast Sides: £1,75

Bacon, hash browns, Cumberland Sausage, mushrooms, fried eggs, grilled tomato, toast, spinach, baked beans.

Smoked salmon, avocado, grilled vegetables, halloumi, French toast £ 3

...Easy Health

Granola £ 6

Banana, fresh berries, honey

Porridge £6

Yoghurt, fresh berries

...Starters

Crushed Avocado and Hummus with house bread and Olives V £ 5.5

Grilled Halloumi, rocket, grilled vegetables V GF £ 6,5

Tomato bruschetta V £ 6

Tomato, olives, garlic, house bread

Soup of the day £ 5

...Salads

Tuna Salad GF £ 8

Tuna chunks, sweet corn, black olives, red onion served on a bed of seasonal lettuce.

Greek Salad V GF £ 8

Tomato, cucumber, pepers, olives, mixed leaves, feta cheese, olive oil

Caesar Salad Small £ 7 Large £ 9

Baby gem lettuce, croutons, parmesan shavings, chicken, homemade Caesar dressing

Grilled Goats cheese Salad V GF £ 8

Goats cheese, rocket, mixed roasted pepers, walnut, balsamic glaze honey

...Sandwiches:

Served with chips and garnish

Marina Club Sandwich £ 8,5

Chicken, bacon, fried eggs, tomato, lettuce and mayonnaise,

Croque Monsieur £ 8

Roast ham, Emental cheese

Salt beef £ 8

Salt beef, pickles, cheese mustard

Barbeque Chicken £ 8

Chicken, cheese, lettuce.

...Mains:

Chicken Escalope £ 8,5

Chicken escalope, Cajun potatoes wedges and garnish

Mediterranean Chicken GF £ 11

Grilled Chicken breast with mash potatoes, mushroom creamy sauce

Grilled Salmon GF £ 12.5

With mash potatoes, sautéed spinach and mushrooms

Seabass GF £ 11

With roast new potatoes, confit tomatoes

Lamb Chops £ 14

Lamb chops, potatoes wedges ,garnish salad.

12" Sirloin steak £ 14

Grilled Sirloin steak and sautéed potatoes, confit tomatoes

...Pasta & Risotto

Wild Mushroom Risotto **V** £ 8.5

Wild mushrooms, parsley, parmesan (Add chicken for £ 3)

Spaghetti Bolognese £ 8.5

Tomato salsa, shaved parmesan

Spaghetti Carbonara £ 9

Pancetta, egg yolk, Pecorino cheese

Wild mushroom penne £ 8.5

Wild mushrooms, shallots, garlic, parsley, parmesan (Add chicken for £3)

Penne Arrabbiata **V** £ 9

Tomato sauce, olives, dry chilli.

Penne Alfredo **V** £ 9

Garlic, parsley, cream, parmesan cheese (Add chicken for £3)

...Burgers:

Chicken Burger £ 9

Grilled chicken breast, tomato, lettuce, mayo, relish, fries and coleslaw

Marina Beef Burger £ 10.5

Tomato, lettuce, gherkins, red onions, relish, cheese, fries and coleslaw

Add bacon for £ 1.50

Falafel Burger **V** £ 8

Hummus, tomato, lettuce, fries and coleslaw

...Sauces: £ 2

Mushroom creamy sauce

Green peppercorn sauce

Lemon butter sauce

...Sides: £ 2.5

Mixed salad

Chips,

Coleslaw

Potatoes wedges

Mash potatoes